

SPRING TIMETABLE

Monday

Studio hired out

Tuesday

Studio hired out

8:00 - 9:00pm Yoga Stretch and Strength

Wednesday

Studio hired out

Thursday

5:00 – 6:00pm Technique (Intermediate/Advanced)

6:00 – 7:00pm Technique (Intermediate/Advanced)

7:00 – 9:00pm Competition Rehearsals

Friday

5:00 – 6:00pm Technique (Intermediate/Advanced)

6:00 – 7:00pm Technique (Intermediate/Advanced)

7:00 – 9:00pm Competition Rehearsals

Lesson Fees

Rent our studio and facilities

1hr Class

£5.00

For £20 per hour

